



The Sufi Path of Awakening and Being

Or, Dare You Have the Courage to Be Who You Really Are?

Public Talk: Thursday 14th Feb 7pm- Unitarian Church, Ponsonby

Workshop: Fri 22nd Feb 5.30 pm - Sun 24th Feb 2.30 pm -The Sharda Centre, Tuakau

The Workshop: We will explore dimensions of two profound and fundamental questions of the spiritual quest:

What is the truth of my real being, my higher Self?

How can I make this truth a reality in the midst of the challenging circumstances of my life?



Working together with practices of **sacred sound, breath, meditation, sacred dance and walks, and sohbet (spiritual conversation)**, we will seek to awaken to more authentic dimensions of our Self and to understand how we can express this awakening more fully and joyfully in our lives.

On Saturday evening, we will join in **sacred universal dance and Zikr**, which is a Sufi ceremony of chanting sacred names and phrases, leading to states of awakening, remembrance, and ecstasy.



The Presenters: **Batina and Wahhab Sheets** are cherags (ministers) of the Universal Worship, spiritual retreat guides, and senior teachers in the Inayati Order, a Sufi Path of Spiritual Liberty. They studied with renowned Sufi teacher Pir Vilayat Inayat Khan for 30 years and serve in many local, national, and international roles in the Inayati Order. Now retired from careers in child protective services and consulting, they live in Texas, where they serve as leaders in the local Sufi center and enjoy spending time with family.

Price: Residential \$285/ Camping \$245- Vegetarian meals included

Information: Mahbano genevieve.scase@tnmc.com.au 021 08058615

Registration: Roshan Dil helenv@powerlink.co.nz